

CONNECTION

EDUCATION

PEER SUPPORT

VOLLEYBALL BC

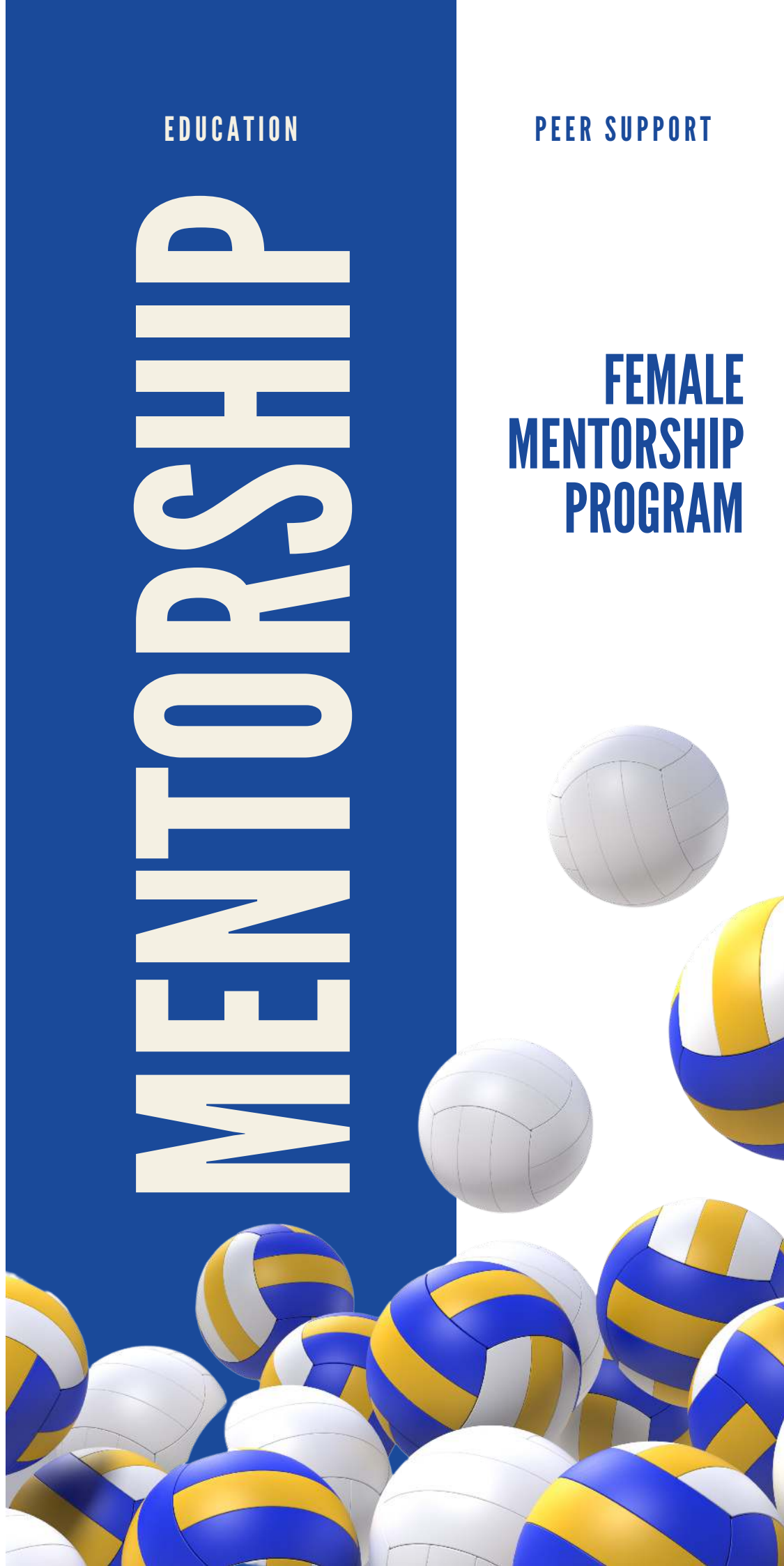
MENTORSHIP

FEMALE
MENTORSHIP
PROGRAM



VOLLEYBALLBC

*This project was funded
in part by a grant from
viaSport BC and the
Province of British
Columbia*





FEMALE *Mentorship Program*

WHAT TO EXPECT



Connection

A project to provide female coaches and referees the opportunity to increase experience, confidence and knowledge.



Education

The program will provide centralized online support, talks from experts and facilitated mentorship to emerging female coaches and referees to support you in your growth and development in the sport.



Peer Support

Collaborate in a small group setting with other coaches and referees, learning from each other and developing a strong support network to share best practices and techniques.



CONTACT US

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Volleyball BC Female Mentorship Program Opportunity January 2023-March 2023

We are excited to introduce the Volleyball BC Female Mentorship Program as a pilot project to provide **female coaches and referees** who are early in their careers with the opportunity to increase experience, confidence, and knowledge. The Program will provide centralized online support, talks from experts, and facilitated mentorship to emerging female coaches and referees to support them in their growth and development in the sport.

This initiative is in direct response to feedback we heard from female coaches and referees at our focus groups in April as part of our Same Game Challenge with Canadian Women and Sport. One of the actions outlined in our DEI strategy is to "develop mentorship initiatives targeted at female referees and coaches" and to "facilitate opportunities for female coaches and referees to connect, collaborate, and support each other." This program aims to meet both of these actions. The program has been made possible by viaSport BC and the Province of BC.

What does the program involve?

- Volleyball BC will select **up to 10 female coaches and up to 10 female referees** from various regions in BC.
- From January to March 2023, each participant will attend a series of 6 online sessions that will be led by female mentors and leaders. The sessions will address topics such as leadership, practical tips and tools, progressing in volleyball, self confidence, and other valuable support. Each session will provide an opportunity for the women to connect with others, share their experiences, and be supported by female leaders.
- Outside of the sessions, participants will be expected to take the appropriate NCCP or referee courses required at their level of experience.
- During the 2023 season, female participants will be provided with a mentor from their club or referee zone to support their development and learning.
- The program coordinator from Volleyball BC will act as a central point of connection and check-in for the participants to support them through the 2023 season.

Who is eligible for the program?

- **Female coaches in the Development Level Stream (U14-16).** Must have been a coach for at least 1 year of club volleyball.
- **Female referees who are early in their careers.** You may have been a Junior Referee or have completed your Level 1 training or certification.
- There is no minimum age requirement. However, participants are expected to have had some prior experience in coaching or refereeing volleyball.
- Participants must be available and committed to attend 6 sessions during January 15, 2023 - March 15, 2023 (specific dates to be determined).

What do I do if I am interested?

- Coaches: speak to the coaching lead at your club or volleyball organization and ask for their support. See below for the role that the club will be expected to play.
- Referees: speak to your zone representative and ask for their support. See below for the role that the zone committee will be expected to play.
- Submit a nomination/application package online by December 19, 2022.
- All successful participants will be notified no later than January 6, 2023.

What is Volleyball BC's responsibility?

- Advertise the Female Mentorship Program via digital media, including social media, email and newsletters.
- **Select up to 10 coaches and up to 10 referees** from various regions and notify successful mentees. Ideally, participants will represent all 8 Zones throughout BC.
- Mail each mentee a package of resources applicable to the program (if required). Resources will also be available digitally.
- Organize 6 weeks of minimum 1-hour online mentorship meetings for all participants.
- Follow up with the clubs and Referee Zone Committees to find out who the mentor(s) will be.
- Follow up with the mentors and mentees during the season to monitor and provide support.
- Evaluate the program and determine next steps.

What is the Club's or Referee Zone Committee's responsibility?

- Nominate 1 coach or 1 referee from your Club/ Referee Zone that you would support to be a mentee. This individual should be a female who you wish to support through the mentorship program and support in their move forward in development. You should be prepared to provide a letter of support with the application.
- Provide the mentee with practical opportunities to apply their knowledge and learning from the Program: For coaches, clubs must assign each mentee to a team or program. For referees, the Zone Committee must allocate the mentee to games at appropriate level for their training.
- Identify a mentor coach or referee who can be matched with the mentee during the program. Mentors must be comfortable and available to check in with the mentee and to act as a sounding board for the duration of the season.
- Pay for the NCCP courses required to become a Development or Advanced Development Coach **OR** Pay for the training and evaluation associated with attaining Level 2 referee.
- Keep in contact with the Volleyball BC Program Coordinator to provide updates on progression of the mentees and contribute to the evaluation of the program.

What is the Mentee's responsibility?

- Complete the application process by the deadline. This includes getting the support of your club or Referee Zone Committee.
- Attend and actively participate in all Volleyball BC-led mentoring sessions in the form of six (6) Zoom meetings during the program (minimum 1 hour per session).
- Complete any coach or referee certification associated and required by your development level.
- Work with a female coach or referee mentor to help your support and development.
- Check in with the Volleyball BC Program Coordinator and contribute to the evaluation of the program.

Links to Apply:

Coaches: [CLICK HERE](#)

Referees: [CLICK HERE](#)

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