

June 10, 2020

Hello Volleyball BC Athletes, Coaches, and Families,

It's been a while since we last chatted. A lot has certainly changed, over the past three months!

I hope you are continuing to stay safe and to use the COVID-19 obstacle as an opportunity to reset and re-prioritize those things in your life that matter most.

The purpose of this email is to provide an update regarding Volleyball BC's Team BC summer programs.

Volleyball BC has made the decision to offer our Team BC Indoor programs through an online virtual delivery. Team BC Beach programs have been suspended as we continue to evaluate program options that may meet Return to Play guidelines.

Full program details can be found on the Team BC website HERE.

## Why has Volleyball BC decided to do this?

Volleyball BC's Team BC program has a few primary <u>purposes</u>, but one of which is to "identify and develop BC athletes who have the potential to develop and reach post-secondary and international levels".

We have made many positive steps in the COVID-19 environment as a province, but the pandemic is not over yet. Volleyball BC is working hard, under the guidance of the provincial government and health authorities, to develop and announce our Return to Play guidelines. However, there is still uncertainty and a lack of control around how we can get back to training in a high performance environment, while safely progressing through a phased Return to Play approach.

By choosing to move to a virtual program, we are able to control how we plan and deliver a <u>quality</u> program to develop athletes with potential to represent Canada internationally. We also have a Volleyball community in our province that spans from border to border and everywhere in between. With an online program we will be able to connect with athletes across ALL of BC who share our passion and desire to lead, grow, and excel through and within the sport of volleyball.



Telephone: 604.291.2007

Fax: 604.291.2602

www.volleyballbc.org



# What programs will Volleyball BC offer online?

## Team BC Select Virtual Program - 17U

The Team BC Select virtual program for identified athletes born in 2003 or later. Athletes will be led by the Team BC Canada Games coaches through 12 online sessions over the course of 6 weeks, where they will receive whole athlete skill development. Athletes and coaches will also begin to lay the foundation for competing and excelling at Canada Games in 2021. Full program details including registration can be found HERE.

#### Team BC Red & Blue Virtual Program - 15-17U

The Team BC Red and Blue virtual program will be offered for athletes born in 2003, 2004, 2005. Athletes will be led through 6 online sessions over the course of 4 weeks that will lay the foundation for athletes to continue along the High Performance Pathway. The program will be led by the Team BC coaches, and will be supported by the Athlete Wellness Academy. Full program details including registration can be found HERE.

## Team BC 14U Virtual program

The Team BC HP Development Camp 14U program will be offered to athletes born in 2006 or later. Athletes will be led through a 6 online sessions over a 4-week time period that will first expose athletes to the High Performance Pathway, and will then introduce the concepts needed for athletes to continue to excel through it. Full program details including registration can be found <a href="HERE">HERE</a>.

# What does Team BC virtual delivery mean for returning to play for the rest of Volleyball BC programs?

Volleyball BC is in the final stages of developing and producing our own Return to Play Plan that meets health authority guidelines. Our CEO, Emma Gibbons, provided a Return to Play update to members on May 21st that can be found on our website <u>HERE</u>.

We are keen to get back on the court and still remain optimistic Volleyball BC and member clubs will resume delivering organized sport programs that meet public health guidelines in the near future.

For the latest information on Volleyball BC programs and return to play plan, please visit our website <u>HERE</u>.



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Since last year's Team BC program ended in Kamloops, we've been counting down the days till we could be back wearing the Team BC badge, and representing the BC flag. We've been looking forward to welcoming all the newly identified athletes who were going to experience Team BC for the first time. This summer's program is still Team BC, even though it will feel slightly different. With that difference comes a new and unique opportunities. An opportunity to learn and engage in our sport in a more deliberate way. An opportunity for more athletes to connect from all across the province. An opportunity for athletes and coaches to adapt to this different challenge, and turn the obstacle we are all facing into an opportunity. We're still excited for Team BC this summer, and we're counting down the days until we can see everyone virtually.

If you have any questions at all, please feel free to reach out to Technical Director Jay Tremonti - td@volleyballbc.org.

For the latest up-to-date details on Team BC, Volleyball BC programs, and return to play please visit our website – volleyballbc.org

Yours in Sport,

Jay Tremonti

Technical Director Volleyball BC

td@volleyballbc.org 604-805-5099



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