

B.C. Girls' Volleyball Commission Rules

Revised September 2018

B.C. Girls' Volleyball Commission has adopted Volleyball Canada rules with some exceptions or interpretation as noted below.

Changing in uniforms

Teams wishing to change into their uniforms after the warm-up **MAY** leave the floor and are entitled to a reasonable length of time before returning

Jewelry

Dangling jewelry (*of any size or shape*) is be removed; pins and studs are under advisement only. Watches, rings, and other hand and arm jewelry are to be removed.

Uniforms

Uniform tops are to be numbered front and back, and shall be of the same colour and design. Shorts are to be the same colour, but may have some minor differences.

Team Rosters

Teams may dress and play more than 12 players for all matches.

Substitutions

Substitutions for all matches are 12 unlimited subs plus a libero. Libero can be a different player for each set. *Liberos cannot serve.*

Service Receive

Players are permitted to over-hand finger pass receive (volley) on serve receive

Playing ball off ceiling & other over hanging obstructions

Teams may play the ball off the ceiling (including other overhead obstructions) provided that the contact with the ceiling takes place above the floor within the court and free zone (*head official to confirm free zone designation with host*) and the ball does not cross into the opponents playing space immediately after contacting the ceiling or obstruction.

This means the ball is "out" if:

- i) After contact made with the ceiling/obstruction the ball subsequently, and immediately, crosses into the opponent's playing space.
- ii) Contact made with the ceiling outside the perimeter of the team's playing area.

Note: After crossing into the opponent's space (from an attack hit, block, or service) the ball contacts the ceiling over the opposing team's court; the ball is "out."

Fair Play Rule Clarification (rule 20.2 & 20.2.1)

In the spirit of fair play, any form of deliberate distraction during an opponent's act of serving the ball is a breach of the fair play rule. Examples of unfair play include, but not limited to "balls up", "8-7-6-5-4-3-2-1", using a horn, etc. *Sanctioning as per VC guidelines (warning to precede card sanctions; see Volleyball Canada FAQs)*