



VOLLEYBALLBC
PRESENTS



SPRING BREAK DEVELOPMENT CAMP

MARCH 13TH - 15TH, 2017

AT COLLEGE OF NEW CALEDONIA, PRINCE GEORGE
NORTH REGION

CAMP 1 - MARCH 13

DEFENSE
BLOCKING
DIGGING

CAMP 2 - MARCH 14

SERVE
SERVE RECEIVE
WINNING STRATEGIES

CAMP 2 - MARCH 15

OFFENSE
ATTACKING/FOOTWORK
SHOT SELECTION

AGES: 12U - 16U GIRLS & BOYS

TIME: GIRLS 1-4PM, BOYS 6-9PM

COST: \$50/CAMP OR \$125 FOR ALL 3 CAMPS (MUST SELECT "ALL CAMPS" OPTION WHEN REGISTERING)

CAMP SHIRT REGISTER FOR ALL 3 BEFORE MARCH 1 CONTACT: DAN@NORTH@VOLLEYBALLBC.ORG

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604-291-2007

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