



## Greetings!

2017 is just around the corner! With the Senior High School volleyball season ending, Volleyball BC would like to congratulate all the teams who competed all over the province. Our Fall Adult Leagues were very successful and the 2017 Winter Leagues pre-registration is just about full!

In this newsletter, you will find updates on our 3rd Annual BC Sport Conference, the 2017 VBC Hall of Fame and Awards nominations, and have first access to view our Women's National Team update - did you know Richmond is their official training location now?

Read on for all this and more in this month's newsletter below! Please remember to travel safely!

## VOLLEYBALL BC NEWS

### 3rd Annual BC Sport Conference

Hosted by Volleyball BC, The BC Sport Conference is a leadership conference designed specifically for you to learn new perspectives on becoming a better coach.

No matter what sport you coach, if you're looking to become the best coach you can be, you don't want to miss this conference. See the speakers lineup of our [Volleyball BC Coaching Symposium here](#).

The image shows the logo for the BC Sport Conference. It features a large blue stylized letter 'b' followed by the text "BCsport conference" in a bold, black, sans-serif font. Below this, the words "Coaching, leadership and excellence" are written in a smaller, black, sans-serif font. At the bottom, the date "JANUARY 14th, 2017" is displayed in a bold, black, sans-serif font. Two bullet points are listed below the date: "• Volleyball Symposium Jan 15th" and "• 3 NCCP Development Credits". The website "www.bcsportconference.ca" is also mentioned at the bottom.

[Register Now](#)

## Last Call for Volleyball BC Excellence Awards

**Deadline is this Friday! December 9th!**

Do you know someone who deserves recognition for their contribution to volleyball in the province?

Nominate your amazing coach or teammates for awards like:

- \* Athlete Excellence
- \* Best Female & Best Male Coach (Club or High School)
- \* Rising Star (under 25 years old) Coach of the Year
- \* Official of the Year
- \* Community Sport Administrator of the Year

Let us know who you think deserves recognition at our 3rd annual Hall of Fame & Awards Ceremony in 2017!



For more information, visit the [Volleyball BC Awards & Scholarships page](#).

## Congratulations to the 2017 VBC Hall of Fame Inductees!

The VBC Hall of Fame honours individuals and groups from British Columbia who have raised the profile of our sport and deserve recognition among the best of the best in the history of volleyball in BC.

To read more about the two recipients and the ticket information, visit the [Volleyball BC news post](#).



## ADULT VOLLEYBALL

### Winter 2017 Adult Indoor Leagues - 1 spot left!

Volleyball BC offers a variety of leagues for adults to compete in, ranging from Coed 4's & 6's to Men's & Women's 6's.

#### Looking at the league numbers...

Fall 2015 - 186 of 198 league spots full

Winter 2016 - 196 of 198 spots full

Fall 2016 - 182 of 182 spots full

#### Winter 2017 -

181 of 182 spots full: **1 spot left (Sunday Co-ed 6s)!**



[Register Now](#)

**Improve your skills and gameplay with Adult Skills Clinics**

Volleyball BC's Adult Skills clinics are a unique opportunity for adults to learn and refine volleyball techniques in a fun environment with experienced coaches giving you training and feedback.

We offer skills clinics in **Langley**, **Richmond**, **Burnaby**, and **Vancouver**. Get back to playing Volleyball.

[Learn More](#)



## YOUTH VOLLEYBALL

**BC High School Provincial Championships - Congrats to the banner winners!**



Recap of A/AA/AAA/AAAA High School Championships can be [found here](#).

### Atomic and Train & Play, House Programs

Volleyball BC offers atomic volleyball for young athletes aged 9-12 years old throughout the year in:

- Vancouver
- Burnaby
- Kelowna
- Penticton
- Victoria
- Nanaimo

Find out more information for your age group and location on the Volleyball BC [Atomic page](#).

For more information, visit our [Clinics & Camps page](#).

House leagues run for youth athletes who aren't participating in club season, but are looking to improve their skills. Visit the [House Leagues page](#) for more information.

### Club Volleyball 2017 Handbook Update

A number of changes and updates have been made in preparation for the 2017 Club volleyball season.

Make sure your team is best informed to make the most out of your club experience.

For more information, visit the [Club Volleyball Page](#).



**VOLLEYBALL BC**

Youth Indoor Club Handbook

- 2017 -  
Revised October 12, 2016

  
**VOLLEYBALL BC**

[www.volleyballbc.org](http://www.volleyballbc.org)  
Harry Jerome Sports Center  
7564 Barnet Highway  
Burnaby, BC  
V5A 1E7  
Phone: 604.291.2007  
Fax: 604.291.2602

VOLLEYBALL BC - [www.volleyballbc.org](http://www.volleyballbc.org) - 2017 Club Handbook

## Team BC Winter Development & ID Camps - December 17-18, 2016

Volleyball BC will be running the first of two *Team BC Development & ID Camp* this winter holiday break for athletes interested in improving their game and recognized for Team BC.

Winter camps are open in the following regions:

- \* Lower Mainland (Burnaby)
- \* Okanagan (Kelowna)
- \* Vancouver Island (Nanaimo)
- \* Fraser Valley (Langley)
- \* North (Prince George)

For further information, please visit the [VBC Winter Development & ID Camps page..](#)



## TEAM BC - HIGH PERFORMANCE



### Team BC 18U Tryouts - Canada Summer Games 2017

Athletes born in 1999 or later can represent Team BC and compete at both:

**U.S High Performance Championships**, Florida (July 17-23)  
**Canada Summer Games in Winnipeg**, MB (August 4-13).

For more information, please visit the [Team BC Page](#)

#### Open Selection Camp

Date: December 17-18th  
Time: 8-10am & 12-2pm (**Females**)  
10-12pm & 2-4pm (**Males**)

Location: Burnaby South  
Cost: \$85.00 + GST

**Register Now**



## Team BC Indoor 2017 Coaching Positions

Additional Team BC coaching positions for the 2017 season have been posted in the Team BC section of the Volleyball BC website. Available positions range from:  
*Team BC 14U Baden Cup, Team BC 15U Zone Championships, and Team BC 16U.*

Interviews will take place in December 2016 and January 2017.

**Be a part of Canada's top high performance volleyball programs!**



For further information, please visit the [VBC Coaching Page](#).

## REFEREES

### Level 1 Clinics

#### ***Are You Interested in Becoming a Volleyball Referee?***

Stay in volleyball by travelling around the community, making new friends, and earning some extra money!

Contact [Dave](#) for more information and to apply!



## PARTNERS & FEATURES

### **Sport Psychologist Helping Cycling Canada Win Olympic Bronze in Rio 2016**



2016 BC Sport Conference Featured Speaker - Roger Friesen

**2X OLYMPIC WOMEN'S VOLLEYBALL  
COACH ON THE RIGHT KIND OF  
FEEDBACK.**

**BC High School Boys Spike Competition:**



The 3rd Annual BC Sport Conference is coming to Burnaby, BC for January 14th 2017, but you don't have to be a sports-minded learner to get something out of this unique experience.

Two-time Olympic Women's Volleyball Assistant Coach for Team USA, Tom Black, will be just one of the keynote speakers sharing his knowledge with future leaders in the New Year.

"Guiding and giving appropriate feedback applies to all sports and leaders everywhere," says Black.

**To read more about Tom's conference topic, click here .**

## **WOMEN'S NATIONAL TEAM MOVING TO VANCOUVER!**

Click below to read the exclusive newsletter.

**VOLLEYBALLBC**  
National Women's Team **NEWS** LETTER  
DECEMBER 2016

**Seasons Greetings!**

Tis the season to be jolly, a time of year when it's better to give than receive. With that in mind, here's a gift for the BC Volleyball community...the Canadian Women's National Volleyball team will be setting up shop in Richmond at the beginning of January 2017. To mark the occasion we present to you the inaugural edition of the CWNT Volleyball newsletter.

Below you will find information about the program and its players. Ways for you to get involved to help these incredible athletes achieve their goal of qualifying for the 2020 Summer Olympics in Tokyo, Japan.

Happy Holidays to you and yours. Time now to sit back, grab some festive cheer, curl up by the fire and enjoy a very good read. We hope you dig it!

**HAPPY HOLIDAYS**  
**RELAX, READ, REJOICE**

**Newsletter Overview**

- WNT Relocation
- National Bid Team Video
- Housing & Home Stay Option
- January 13<sup>th</sup>, 2017 Wine & Cheese
- 23rd Annual Online Auction
- WNT Player Profile



## [Quick Cut Version - 2016 BC High School Boys Spike Competition](#)

## **CANUCK VOLLEYBALL: THE OFFICIAL CLOTHING AND EQUIPMENT SPONSOR OF VOLLEYBALL BC**

**Canuck Volleyball** is the official clothing and equipment sponsor of Volleyball BC and offers one of the largest selections of volleyball related items in Canada.



As part of our partnership with Canuck Volleyball, members who display their [Player Plus Card](#) at the Vancouver retail store can receive a 10% discount on purchases of \$100 or more.

This is a great discount to take advantage of when buying shoes or your next outdoor volleyball net.

**Canuck Volleyball Vancouver Store**  
260 E 5th Ave  
Vancouver, BC V5T 1H3  
604-336-5570

Canuck Volleyball also does custom printing and can put your team logo or design on any type of clothing!



## **Don't miss out on the latest news and updates from Volleyball BC**

Throughout the year Volleyball BC is posting important news and announcements on our social media streams and you'll want to make sure to be following us in 2017! Click on any of the icons below to visit our Facebook, Instagram, and Twitter pages.



---

## Proud Sponsors of Volleyball BC



**belairdirect.**  
car and home insurance