

# Return to Play Update

May 27, 2020



**VOLLEYBALLBC**

# Welcome and introduction

- Overview of current guidelines for sport in BC
- Planning process
- Volleyball Canada and other provinces
- Risk management considerations
- Useful resources
- Questions



# Government of BC guidelines

## **BC's Restart Plan**

Sport and recreation identified as possible in Phase 2 (after May 19)

- *Routine daily screening for all staff and participants*
- *Support low contact sports (especially outdoor).*
- *Identify high contact sports that should not take place during the pandemic.*
- *Explicit policy for participants and staff who have the symptoms of a cold, flu, or COVID-19 symptoms with coughing or sneezing not being engaged in recreation, sports, or camps*
- *Staff and participants at higher risk of experiencing severe illness should not take part in recreational, sporting, or camp activities.*



# Sport sector-specific guidelines

**viaSport BC is responsible for developing sport guidelines:**

- Based on public health guidelines
- Phased approach – we are now in Phase 1

## PHASE 1

Maintain physical distance.  
Handwashing & symptom screening.  
Outdoor safest. Some indoor.  
Small group.  
Skill-based work. In-club play or small modified games.  
Minimal shared equipment. Disinfect before, during, and after use.



## PHASE 2

Adhere to health guidelines.  
Handwashing.  
Outdoor/indoor.  
Size of group may increase.  
Expansion of training activities  
Interclub/regional play.  
Some shared equipment.  
Enhanced cleaning protocols.



## PHASE 3

Adhere to health guidelines.  
Handwashing.  
Outdoor/indoor.  
Larger groups allowed.  
No restrictions on activities.  
Provincial / large scale events may return.  
Shared equipment.



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# Current process

- **Sport sector-specific guidelines:**  
Approved by Office of Public Health Officer & Worksafe BC.
- **Volleyball specific guidelines:**  
Developed by VBC.  
Reviewed by viaSport BC and VC.  
Approved by VBC Board.  
Shared with community.



# Volleyball Canada & other provinces

- **Volleyball Canada:**
  - “A Safe Return to Volleyball” document
  - National Return to High Performance Sport Framework
  - Infographics and communication materials
- **Other Provinces and Territories:**
  - Weekly meeting of all PTAs on return to play
  - Highly dependent on each province’s guidelines and stage
  - Sharing resources and best practice



# Risk management

- Board-level discussions:
  - what is your comfort level?
  - insurance
  - waivers
  - health declaration forms
- Risk management tool
- Facility protocols and requirements
- Worksafe BC – Safety Plan

# Planning

- **The safety of participants is paramount at all times**
- **Areas to consider:**
  - general considerations
  - personal hygiene
  - participants - coaches and staff - spectators
  - facility
  - equipment
  - adaptation to programs
  - records and contact tracing



# Beach

- Outdoor is safer than Indoor.
- Recreational play versus organized sport.
- Vary across the province and municipalities.
- Dependent on facility access and protocols.
- Modified formats to align with current phase.

# The club season ahead

- **Dependent on public health guidelines & phase**
- **Possible options:**
  - training model
  - regional league model
  - small scale tournaments
  - large scale tournaments (Super Series)
  - not mutually exclusive
- **Adjustment to season timelines as needed.**

# Useful resources

- <https://www.viasport.ca/return-sport> - viaSport BC Return to Sport resources.
- <https://volleyball.ca/en/news/volleyball-canada-update-covid-19> - Volleyball Canada return to play.
- <https://bc.thrive.health/covid19/en> - BC self-assessment tool for COVID-19.
- <http://www.bccdc.ca/health-info/diseases-conditions/covid-19> - Latest updates on COVID-19 from the BC Centre for Disease Control.
- [http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting\\_PublicSettings.pdf](http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf) - BCCDC Cleaning and Disinfectants for Public Settings.
- <https://www.worksafebc.com/en/about-us/covid-19-updates> - WorksafeBC guidance.
- <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/community-settings/recreation-facilities> – BC CDC specific information for recreational facilities.
- <https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/gyms-and-fitness-centres> - Worksafe BC protocols for gyms fitness centres.
- <https://www.worksafebc.com/en/resources/health-safety/information-sheets/ofaa-protocols-covid-19-pandemic?lang=en> – First aid treatment during COVID-19 pandemic.

# Questions?

## How can we support you?

- Primary contact continues to be your Regional Manager.

