



January 5th, 2017



Chris Dahl - Volleyball BC's Director of Coach Development
Photo: Kevin Light Photography

Initiating Play... Service

This is me... well, this was me less than a month ago before I gave my wife what was apparently the greatest Christmas gift of all time... a haircut.

My name is Chris and I am Volleyball BC's Director of Coach Development. I'm the person that hits "send" before this newsletter/email makes it's way to your inbox. The position is new to Volleyball BC and as such we're not 100% sure where it will go (we have some pretty great plans and ideas though), but we do know that our purpose is to serve and support coaches in their education and ongoing development.

Currently this is a part-time position as I am also the Head Coach of the Camosun College Chargers Women's Volleyball program and we are preparing to host the CCAA Women's Volleyball National Championships March 8-11th in Victoria, BC. Following the season, I'll pick up full time with the Director of Coach Development position. Exciting times!

2017 is already shaping up to be an action packed year for volleyball fans in the province of BC. Here's a heads-up on a few of the big ticket items...

- The [BC Sport Conference and Volleyball BC Coaching Symposium](#) kicks it all off with a weekend full of learning and coming together as coaching peers. If you're a Head Coach you'll want to learn from other Head Coaches. If you're an up and coming Assistant Coach the same holds true. This is a great learning environment and definitely "best practice" for Coaches in our sport.
- Volleyball BC will host the first ever 12 & Under Provincial Championship age category at the Tradex in Abbotsford acknowledging the continued growth at the grassroots level of our sport.
- In 2017 the Women's National Team program takes up residency at the Richmond Olympic Oval. I anticipate that this is going to have a massive impact on the sport in BC. We don't have to wait long to see our team in action as Richmond was named host site for week 3 of the [FIVB Grand Prix July 21-23rd](#).
- Sticking with high performance... Volleyball BC's Team BC portfolio picks up it's flagship program in preparation for the [Canada Summer Games](#) in Winnipeg, MB July 28 - August 13th. Our High Performance Indoor and Beach Coaches are already preparing for Canada's largest amateur youth multi-sport event.

We are a volleyball province and there is significant momentum in the sport at present. I believe Coaches are a key cog in creating this, maintaining it and moving forward to greater heights and I look forward to working with you to make it all happen.

We won the coin toss... and when it comes to Coaches we'll "serve" every time.

Yours in Coaching,
Chris

Notes: you'll notice I capitalize the title "Coach" in my writing... I borrowed this from [Dr. Jeremy Sheppard](#) at CSI Pacific after he shared that he does the same as a sign of respect for the position. Also, I'm not advocating for electing serve on the coin toss, but the merits of serve or receive are a great discussion... for another day.



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VOLLEYBALL BC 2017 COACHING SYMPOSIUM

JAN 14-15 | BURNABY BC

visit www.volleyballbc.org for details and registration information.

Always Learning

The [2017 Volleyball BC Coaching Symposium](#) takes place January 14-15th in Burnaby and includes registration in the BC Sport Conference. Together, these two days of learning and thought provoking discussion serve to enhance your abilities as a coach and accelerate the development of your athletes.

Register individually [here](#) or take advantage of group discounts when registering 5 or more Coaches from your school or club by contacting coach@volleyballbc.org.

I look forward to seeing you there!

www.bcsportconference.ca

Presenters: Ryan Adams, Tom Black, Roger Friesen, Steve Gutzler, Mischa Harris, David Hill, Ryan Hofer, Kerry MacDonald, Leah Pezer, Gina Schmidt, & Ryan Walter.

VOLLEYBALL BC 2017 Coaching Education Requirements

TEAM STAFF	Make Ethical Decisions Concussion Introduction required by All Staff	Making Head Way Concussion, vestibular required by All Staff	Volleyball eLearning Modules required by Head Coaches	NCCP Workshop required by Head Coaches and/or National & All 1st-3rd level Coaches	Future Requirements (2018)
12u	✓	✓	✓	✗	For the 2018 season, please contact your local Volleyball BC representative for more information.
13u	✓	✓	✓	✗	
14u	✓	✓	✓	✗	
15u	✓	✓	✓	✗	
16u	✓	✓	✓	✗	
17u	✓	✓	✓	✗	
18u	✓	✓	✓	✓	For the 2018 season, please contact your local Volleyball BC representative for more information.

2017 Coaching Education Requirements

Volleyball BC works closely with Volleyball Canada to promote and maintain NCCP coaching certification standards for all club Provincial and National Championships. In 2017 Volleyball BC developed a policy to apply across the province in support of coaching education and certification.

Please familiarize yourself with the info-graphic provided to ensure your Coaches are meeting the coaching education requirements that best serve their athletes.



Coaching Intervention... for Coaches

Have you thought about the role of mentorship in your growth and development? This article, written by author & surgeon Atul Gawande in the New Yorker Magazine, provides an excellent perspective on the topic.

It's a long article, but well written and I encourage you to read "[The Coach in the Operating Room](#)" and reflect on Gawande's observations, experiences, and the mindset of a surgeon seeking guidance from a "Coach" while at the top of his game.



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