



March 3rd, 2017



Full Swing...

The 2017 Club season is in full swing with Volleyball BC & Volleyball Canada Championship event fast approaching. This newsletter provides resource material for you to explore in your ongoing coaching development as well as an important reminder of the Coaching Education requirements for the 2017 season.

So wind up, get that shoulder back... uncoil and put in a good full swing.

Reading the Game and Developing YOUR Skills through Observation



At the 2017 Volleyball BC Coaching Symposium Team Canada Women's YNT Head Coach Ryan Adams delivered a session with an emphasis on "Developing Cue Reading and Decision Making." This is an area that I would highly encourage you to explore as it will influence much of what you do as a coach from drill design to the style of feedback delivered to your athletes. Ryan's session on Sunday was preceded by David Hill from the Canadian Sport Institute on Saturday at the BC Sport Conference. David's presentation focused on "Decision Training" and referenced the work of Dr. Joan Vickers. Here's a 15-minute read providing an excellent overview of the [Decision Training model](#). Our recent work with Team BC programs has focused on the application of the 7 decision training tools to accelerate the development of athletes. I believe you'll find this approach interesting and I hope it makes you curious about the design of your training sessions and the interactions taking place in your training environment.

The Power and Value of Observation

I'd like to take a moment to look closely at "DT Tool 5" from the article: Video Feedback. Our opportunity to provide video feedback to athletes in the training environment has never been greater and it is a valuable tool for Coaches and athletes alike. Video cameras of all shapes and sizes (camcorders, GoPro's etc.) are affordable. iPads and tablets are a regular in today's gyms, and of course... our smartphones have incredible abilities and quality apps to support them. However, I'd like to suggest that the use of video provides a significant growth opportunity for you as a coach through observation. Every time we review athlete movement and team play through the use of video we are developing our observation skills as coaches. Since I just referred to observation as a "skill" then we must practice this skill and hone it to a base level of competency and ideally... towards expertise. This practice and our ability to develop the skill of observation will greatly enhance the efficiency, and ultimately, the effectiveness of our coaching.

The more we do it, the more we'll improve as Coaches. As the game and our athletes advance the better we'll be able to respond and support our athletes when under pressure. "Better" athletes typically mean a faster game and our response times as Coaches within the training environment and competitive arena are taxed. Our role as Coach is to bring the necessary skills to the environment so that we can be agile, adaptable, and in the moment. Today's technology provides an incredible tool to help develop and enhance our observational skills as a Coach. "We" can practice anywhere.

When we develop these skills as a coach we gain experience and a great resource to support you on your pathway is the guidance of another. Yes, observation skills are best developed through your own experience so we encourage you to engage in opportunities to develop this skill, but along the way, I strongly suggest you seek out the guidance of a mentor. Someone who has the knowledge of what to look for when you are looking and what the observations mean. Experience plus expertise equals efficiency.

"Experience is a hard teacher because she gives the test first, the lesson afterward." - Vern Law

Make time to practice these skills.

2017 Coaching Education Requirements

NO MORE REQUIRED (green checkmark) | BECAUSE NOT APPLIED (red X)

TEAM STAFF	Volke Ethical Decisions	Making Head Way	Volleyball Learning Modules	NCCP	Future Requirements (2018)
Team Staff and Head Coach	✓	✓	✓	✗	Head Coach
12u	✓	✓	✓	✗	Head Coach
13u	✓	✓	✓	✗	Head Coach
14u	✓	✓	✓	✗	Head Coach
15u	✓	✓	✓	✗	Head Coach
16u	✓	✓	✓	✗	Head Coach
17u	✓	✓	✓	✓	Head Coach
18u	✓	✓	✓	✓	Head Coach

How? Where?
 Learn how to register and how to register your team on the website. Visit: www.volleyballbc.ca

Why? When?
 Learn why you need to register and when to register. Visit: www.volleyballbc.ca

Are you an Administrator wanting to check the education & certification of coaches in your club?
 You can check NCCP qualifications by accessing the Locker: Public Member Listing. To do this you will require the user ID and password of the coach. To obtain the password please email the Volleyball Canada Learning Module Administrator about this email to coach@volleyballbc.org

VOLLEYBALL BC
www.volleyballbc.ca
coach@volleyballbc.org

2017 Coaching Education Requirements

Please refer to the document provided for clarification on the education & certification requirements for Head Coaches and members of the Coaching staff.

IMPORTANT NOTICE:

Please note that **ALL** listed members of a registered team's Coaching Staff following the March 10th roster lock will be required to meet the appropriate requirements regardless of their attendance and participation at **Volleyball BC's Provincial Championship and/or Volleyball Canada's National Championship events.**

Please do not register anyone on the team coaching staff who you do not intend to have on the bench (i.e. a team manager).

We believe that athletes deserve educated, trained and competent coaches for their season of play and support Volleyball Canada's initiative to move coaching forward in our province. Head Coaches and additional members of the Coaching Staff will have until the March 31st deadline to meet the requirements.



Coaches Association of Canada & the Locker

The Coaches Association of Canada's Locker is the hub for NCCP Coaching education and certification records. This is where Coaches and administrators will be able to monitor their status for any recorded NCCP workshops, evaluations, and subsequent certification.

The required multi-sport modules Making Headway and Make Ethical Decisions are recorded in the locker as well as context specific modules for those Coaches on the certification pathway. These multi-sport modules are controlled and delivered by ViaSport on behalf of the Coaches Association of Canada.

Volleyball Canada Coaching Centre

Your eLearning modules are available here and your progress will be tracked through the Volleyball Canada Coaching Centre (VCCC). Please be sure to use the same computer as you advance through the modules so that the system can track your progress.

The ONLY coaching education requirement that will be monitored through the VCCC are the eLearning modules.

note: If your online profile in the VCCC fails to reflect something that is in your Locker transcript don't worry... we'll track those items from there.



Multi-Sport Module Courses

ViaSport delivers the multi-sport modules required as part of the NCCP certification pathway. These courses are offered in person, but also available through home study. Below is a list of upcoming courses and the context they apply to (Development Coach, Advanced-Development Coach, and Performance Coach).

Please contact your local ViaSport representative for further details.

- **Basic Mental Skills** (Advanced-Development Coach context) - March 5, 2017 Kamloops
- **Design a Basic Sport Program** (Advanced-Development Coach context) - March 5, 2017 Kamloops
- **Manage a Sport Program** (Performance Coach context) - March 8, 2017 Langley
- **Performance Planning** (Performance Coach context) - March 10-11, 2017 Langley
- **Advanced Practice Planning** (Performance Coach context) - March 15, 2017 Langley
- **Make Ethical Decisions** (Dev Coach and Advanced-Dev Coach context) - March 24, 2017 Surrey
- **Nutrition** (Dev Coach and Advanced-Dev Coach context) - March 24-25, 2017 Surrey
- **Planning a Practice** (Dev Coach and Advanced-Dev Coach context) - March 24-25, 2017 Surrey
- **Make Ethical Decisions** (Dev Coach and Advanced-Dev Coach context) - March 31, 2017 Prince George
- **Planning a Practice** (Dev Coach and Advanced-Dev Coach context) - March 31, 2017 Prince George
- **Nutrition** (Dev Coach and Advanced-Dev Coach context) - April 1, 2017 Prince George
- **Planning a Practice** (Dev Coach and Advanced-Dev Coach context) - April 7, 2017 Abbotsford

- **Nutrition** (Dev Coach and Advanced-Dev Coach context) - April 7, 2017 Abbotsford
 - **Make Ethical Decisions** (Dev Coach and Advanced-Dev Coach context) - April 8, 2017 Abbotsford
 - **Developing Athletic Abilities** (Dev Coach and Advanced-Dev Coach context) - April 28-29, 2017 Kamloops
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Sport Specific NCCP Workshops

Below is a list of upcoming NCCP Volleyball Workshops being offered by Volleyball BC and Volleyball Canada.

- **Advanced Development Workshop (indoor)**
 - July 2-3 Kamloops BC - this workshop is being organized in conjunction with the 2017 Team BC Baden Cup Selection Camp. Details are being finalized.
- **Advanced Development Workshops (beach)**
 - We are planning an NCCP Advanced Development Beach workshop for June 2017. Details are being finalized.
- **Volleyball Canada Performance Coach Workshops (indoor - English) - formerly Level 3**
 - June 9-11 Richmond BC
 - June 9-11 Gatineau QC
 - July 24-26 Richmond BC
 - July 24-26 Gatineau QC
- **Volleyball Canada Performance Coach Workshop (indoor - French) - formerly Level 3**
 - June 9-11 Sherbrooke QC
- **Volleyball Canada Performance Coach Workshop (beach - English) - formerly Level 3**
 - June 9-11 Toronto ON

For information on Volleyball Canada's Performance Coach Workshops please visit the [Volleyball Canada Coaching Centre](#). note: the workshops will require a minimum of 8 participants. Please provide Volleyball Canada with an expression of interest early through their [online application](#). Application deadline... March 31, 2017.

