

CANADA WEST VOLLEYBALL OFFICIALS' INFORMATION  
2014-2015

Please take note of the following Canada West/ CIS Playing Regulations that require special attention.

**MEN and WOMEN**

- ❑ LIBERO may be changed for each set as per CIS regulation.
- ❑ NO WARM-UP shall take place in the same gym while a match is in progress.
- ❑ TEAM COMPOSITION: **Regular season: home team's roster 14 players, visitor's roster 12 players. Playoff rosters: both home and visitors may dress 14.**
- ❑ Playoff rosters are frozen per series.
- ❑ Home team permitted 8 in warm-up area. Visitors permitted 6 (playoffs 8).
- ❑ BALL warm-up is permitted during set intervals and time-outs in the free zone.
- ❑ TIME-OUTS: In sets 1-4, there is 1 (60sec) technical time-out at 16 and 2 (30 sec) discretionary time-outs/team/set. In set 5, there are only 2 (30sec) discretionary time-outs/team.
- ❑ BETWEEN SETS: 3-minute breaks will occur with the exception of a promotional break (see next point).
- ❑ PROMOTIONAL BREAK of 5 minutes maximum between sets 2 and 3. The visiting coach and head official must be informed prior to the match.
- ❑ HEAD COACHES may sit anywhere on the bench but time-outs must be called from the score-table end of the bench
- ❑ UNIFORM NUMBERS: **#1-20**
- ❑ TIME-OUTS: Players can return to the court early and play resumed as soon as both teams are back on the court.
- ❑ SETTERS: In the event that the setter, in the act of moving away from the net to play the second contact, crosses the centre line, no fault is called provided there is no interference on the play.
- ❑ NET RULE in effect (same as current VC rulebook).
- ❑ BALL: MIKASA MVA 200.
- ❑ WARM-UP: Only the 12 (visitors) or 14 (home or playoff) athletes listed on the score sheet may participate in the warm-ups.
- ❑ QUICK SUB RULE: with PADDLES as per VC rulebook.

**WOMEN ONLY**

- ❑ WARM-UP for the match will be 20 minutes, including 5-5 which will start at the 10 minute mark.
- ❑ COIN TOSS to occur at the 15 mark of the warm-up.
- ❑ FREE ZONES to be kept clear during the hitting portion of the warm-up (if possible).
- ❑ 20 MINUTES to start when both teams are on the floor. If the net has not been adjusted by 10 min, the clock will be stopped until the adjustment has been made.

- ❑ **BENCH COMPOSITION- Home Team MAX 24 (14 athletes+10 support staff) Visitors MAX 22 (12 athletes + 10 support)** Athletes who do not appear on the scoresheet may not be dressed in playing uniforms.
- ❑ **Uniform #'s size min 15cm front / 20cm back. Notation on score sheet if undersized.**

### MEN ONLY

- ❑ WARM-UP for the match will be 20 minutes, including 5-5, which will start at the 15 minute mark.
- ❑ 20 MINUTES to start when both teams are on the floor. If the net has not been adjusted by 15 mins, the clock will be stopped until the adjustment has been made.
- ❑ BETWEEN SETS 4 and 5, on court hitting at the net is permitted with teams hitting toward the side that they will be occupying at the start of set 5.
- ❑ TOWELS: in the event of perspiration on the floor and if floor wipers are not made available a) inside the 3 metre line a towel from the umpire which is from the score table shall be used. b) outside the 3 m. line a towel carried by a player on the court shall be used. c) outside the 3 m. line the use of the scoretable towel, for large wet spots, will be at the discretion of the umpire with regard to safety.
- ❑ CAPTAIN'S STRIPE: It is not mandatory to have the captain's stripe on the uniform. Nor is it necessary for the number on the front to be in a centre location.
- ❑ LIBERO: may be captain.
- ❑ **BENCH COMPOSITION- Home Team MAX 24 (14 athletes + 10 support) Visitors MAX 22(12 athletes + 10 support)** All team members who do not appear on the score sheet but are present on the team bench must appear in matching team tops, excluding playing uniforms.
- ❑ **Uniform #'s size min 10 cm front/ 15cm back. Notation on score sheet if undersized.**

### OFFICIALS:

- Warm Up times and advertised match starts must be adhered to. Please adhere to the match protocol (countdown) positioned on the score table.
- Ball shaggers to be instructed to participate in warm-ups and to pay special attention to safety concerns of athletes ie not rolling balls under the net
- R2 is to ensure that a complete set of paddles are located between the Head Coach and Ass't Coach at all times
- Ensure that a centreline is present