

# VOLLEYBALL BC

## Youth Indoor Club Handbook Appendix C – Implementation of Tripleball

- 2018 -

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# VOLLEYBALL BC

[www.volleyballbc.org](http://www.volleyballbc.org)

Harry Jerome Sports Center

7564 Barnet Highway

Burnaby, BC

V5A 1E7

Phone: 604.291.2007

Fax: 604.291.2602

## Tripleball Format (12U & 13U) (Volleyball BC, 2018)

Tripleball is the official competition format for all 12U Girls & Boys and 13U Girls Volleyball BC events. The goal of Tripleball is to promote better skill development, participation, meaningful competition and fun. Standard Volleyball rules apply with the following additions:

### Sequence & Rotation

- The game follows a sequence of three rallies (service, tossed ball 1, and tossed ball 2). The referee will initiate the sequence once the server and the tosser tossing into the receiving team each have a volleyball from the scoretable.
  - 1st rally – introduced by the server
  - 2nd rally – introduced by a tossed ball to the receiving team
  - 3rd rally – introduced by a tossed ball to the serving team
- Service alternates between teams after each Tripleball sequence.
- A team must rotate when it is their turn to serve.
- After each rally is complete, the ball must quickly be removed from the court so the next sequence can be started.
  - Each team must designate one athlete that is not on the court as a “ball retriever”. The ball retriever is responsible for retrieving the ball after each rally and bringing it to the next “toss” or server.
- Only 12 athletes may be listed on the scoresheet.

### The Toss

- The following personnel are able to fill the role of “toss”.
  - Head Coach
    - There must be another coach on the bench.
    - Limited feedback is allowed and must not interfere with the opponent’s team.
  - Coaching Staff
    - Assistant coach, manager, trainer, etc.
    - Limited feedback is allowed and must not interfere with the opponent’s team.
  - Competent Volunteer
    - No feedback is allowed.

### The Toss

- The “toss” will introduce the tossed ball into their own team.
- The “toss” can step into the court to introduce the ball, but must immediately move a safe distance away from the court after the toss.
- The “toss” will encourage a fast-paced transition between the end of a rally and the next toss.
- The toss will occur once the front row players are at the net and ready to transition.
- The toss can be introduced at any pace or difficulty the “toss” deems appropriate.
- The toss can be introduced to any location on the court behind the 3m line, but the athlete in position 6 rotationally must be the athlete to make first contact with the toss.

### The Re-Toss

- A re-toss will occur when:
  - The toss is not passed with a forearm pass.
  - The tossed ball is passed directly into the opponent's court.
- Each team will only receive one re-toss per toss/rally.
  - If the re-tossed ball is not passed with a forearm pass, it is a fault and point for the opposing team.
  - If the re-tossed ball is passed directly into the opponent's court, it is a fault and point for the opposing team.

### Scoring & Game Interruptions

- Every ball introduced is worth 1 point; a set can be won in the middle of a three-ball sequence.
- Requests for time-outs during the three-ball sequence will be considered improper requests; time-outs must be made before the introduction of a serve.
- Substitutions
  - Fair Play Rules will be utilized.
  - 3<sup>rd</sup> Set Substitutions: Requests for substitutions during the three-ball sequence will be considered improper requests; substitutions must be made before the introduction of a serve.
  - If there is an injury, substitutions will be allowed during the three-ball sequence.
  - If an athlete becomes injured/ill, an Exceptional Substitution may be made. The injured/ill athlete may not return to the same set, but may return to play in subsequent sets in the match.
- During the 3<sup>rd</sup> set, teams will switch sides at the end of the three-ball sequence where the eighth point is scored.

### Specialization Rules

- Switching to a different position from your service order during a rally is NOT ALLOWED.
- Coaches must declare on the scoresheet the position of their designated setter (position 2 or 3 only).

