



## TEAM BC BILLETING

Every year, Volleyball BC welcomes over 100 athletes, ranging in ages from 14 to 20, into the Team BC High Performance Program. Team BC is an athletes' initial introduction into elite level volleyball, creating a pathway for athletes who aspire to represent Canada on the international stage. Athletes will be exposed to Team BC's guiding principles of *Character, Development, and Performance* by instilling key values of *Honesty and Integrity, Perseverance, and Care*.

Team BC brings athletes together from around the province creating challenging and rewarding training environments. During training, athletes are exposed to the methods and systems utilized by the Canadian Men's and Women's National Team, leading edge strength and conditioning, sports science, and psychology. In addition, athletes are not only given the opportunity to train and develop with other elite athletes, but also with some of the best coaches BC has to offer. Training takes place throughout the year at various locations throughout the province. This is where the billeting family becomes an important piece in the development of these athletes.

### **What is Billeting?**

Billeting is when a family welcomes a visiting athlete(s) into their home during the duration of training. This Host Family offers a safe place for athletes to call "home."

### **Why Billet?**

Billeting offers a rewarding and exciting opportunity to families willing to open their homes to visiting athletes. Key benefits to your family and the Team BC Program when you volunteer to billet are:

- Build lifelong relationships with athletes and their families;
- Assist young athletes by providing a safe and comfortable environment as they train for elite volleyball;
- Provide a great social and cultural experience;
- Assist the Team BC program to lessen expenses, making participation in Team BC more accessible to all athletes; and
- Show support for Team BC, allowing the High Performance Program to be successful.

### **Are You Interested in Becoming a Billet?**

A thoughtful, caring family is important for each athlete coming into a home. Athletes can be overwhelmed being so far away from home, especially if it is for the first time. Host families will be offered compensation to help offset the costs of housing an athlete.

### **Responsibilities of the Host Family**

Host families will be responsible to the following in order to provide a comfortable experience to the athletes:

- Treat the billet as you would want your child to be treated if he/she were away from home;
- Inform the athlete of your expectations and house rules;
- Make the athlete feel at home and comfortable (i.e provide a suitable area for sleeping);
- Provide transportation to and from the training venue;
- Provide 3 meals a day as well as snacks for the visiting athlete;
- Provide use of laundry facility and detergent;
- Confirm with the athlete any allergies, medical conditions, and special dietary needs and support them with these requirements;
- Support the athlete, communicate with them and be understanding;
- Communicate all concerns regarding the billet to the Team BC Coaching staff; and
- Provide all the necessary information about their home and important contact information to Volleyball BC. All information must be current; and
- Complete a Criminal Record Check through [www.mybackcheck.com](http://www.mybackcheck.com) (no charge).

### **Responsibilities of the Billed Athletes**

While guests in your home, Volleyball BC fully expects each billet to be well behaved. Some key expectations of the billeted players are:

- Show gratitude to the host family for opening their home;
- Provide information to the host family regarding allergies, medical conditions, and special dietary needs;
- Respect the host family as they would their own parents;
- Respect the “house rules” as determined between the host family and the athlete; and
- When unsure of anything, always ask.

### **Responsibilities of Volleyball BC**

Volleyball BC is the general contact for the host family. However, the key contact will be the athlete’s team Coaching Staff. Any general questions regarding billeting should be forwarded to Volleyball BC and any specific athlete questions during training should be forwarded to the team’s Coaching Staff. The following information will be provided to billeting families:

- Team Contact List;
- Volleyball BC Code of Conduct;
- \$30 per athlete per day billeted; and
- Other pertinent information.

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